



PICKING A CONFIRMATION SPONSOR

A Sponsor must be a practicing, confirmed Catholic, who is at least 16 years of age. The sponsor **may NOT** be the candidate's mother or father. **A godparent is actually recommended as the proper choice by Catholic canon law, and we encourage students to speak with their parents about having a godparent as the sponsor.**

The candidate is encouraged to choose someone with whom they have frequent contact. The sponsor should be someone who is prayerful, open, dependable, loving, and comfortable sharing his/her faith with young people.

ROLE

The sponsor represents the support and prayers of the entire Church. He or she will be the candidate's "spiritual mentor." In this program, the following is asked of the sponsor:

1. Attend the Rite of Enrollment on November 1 of 2026 at St. Anthony's 10:30 Mass
2. Attend the Liturgy of Confirmation in the Spring of 2027. Date TBA, though currently slated to be one of the following 2027 dates, in order of likelihood: May 13, April 29, April 27
3. Meet in person or via a phone call with the candidate regularly throughout this preparation period. Discussion points and questions will be provided.
4. Share his/her faith story with the candidate.
5. Spend time getting to know the candidate.
6. Pray for and with the candidate.
7. Present the candidate during the Rite of Enrollment and the Liturgy and Rite of Confirmation.
8. Continue to lend spiritual support after the Confirmation ceremony is over.

Please take your decision of whom you would like to ask to be your sponsor to prayer. After making a decision, confirm that they are willing to be your sponsor before completing the proposal.

CANDIDATE'S PROPOSAL (to be completed by candidate)

Based on the aforementioned information and roles, I would like to ask the following individual to serve as my sponsor.

Confirmation Candidate's Name (student)

Sponsor's Name

Sponsor's Relationship to Candidate

Sponsor's Telephone Number

Sponsor's Email Address

Parish at which Sponsor is Registered

Full Address of Sponsor's Parish



SPONSOR'S AGREEMENT (to be completed by sponsor)

Name of the candidate for Confirmation at St. Anthony's who has asked me to serve as a sponsor: _____

My relationship to the candidate: _____

I certify that I am a confirmed, practicing Catholic who fulfills all the sponsor requirements and will provide a letter from my home parish if I do not attend St. Anthony. I agree to serve as a sponsor for this Confirmation candidate. I understand my role as described on this Sponsor Information sheet, which I have received from the candidate and read. I agree to attend the required session with my candidate, unless not possible due to distance or work schedule – in which case a family member proxy will stand in my place. I agree to cultivate a relationship with my candidate during this period of Confirmation preparation and to serve as a spiritual support during this time as well as in the years to come.

Sponsors need to attend the Rite of Enrollment on November 1, 2026 at St. Anthony Church. *If they cannot attend, the candidate and their family should find a proxy.*

Sponsors need to attend the Confirmation Mass in Spring 2027. *Date TBA, though currently slated for one of the following 2027 dates, in order of likelihood: May 13, April 29, April 27*

Sponsors need to meet regularly with their candidate during the year-long formation process.

Sponsor's signature

Date